

Executive Board Member Decisions Meeting for the Leader
Food Poverty Fund 2020-2021

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Balance Available: £38,750.00

Report Value - £28,755.47

1 of 7

Application Reference: FPF-20-01

Project Title	Community Gardening Project
Applicant	Carmarthen Youth Project (Dr Mz)
Ward	Carmarthen Town South
Food Poverty Criteria	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> • Increasing the level of support available and improving the level of coverage across the county. • Extending opening hours to include some evening and weekends • Improving the nutritional value of provisions being provided • Educating the community on the importance of good nutrition, healthy eating and reducing wastage • Establishing sustainable provisional to meet the anticipated increase in demand
Project Description	<p>Dr Mz has been established for many years and work very closely with the local community. The objective of this project to enhance and build on their existing community gardening project. They aim to encourage better and more productive food growing, make the garden a more enjoyable place to be for the young gardening volunteers and offer ground to plate food in the centre for young people who currently do not eat healthy.</p> <p>The composting will support the centre to reduce waste in the café and decrease reliance on landfill, as well as helping to fertilise the crop organically.</p> <p>The aim is to get better and more efficient food stock in the allotment garden to feed more young disadvantage people and teach them the skills to become more sustainable in their adult life.</p> <p>The fund will enable Dr Mz to maximise the productivity of the garden by purchasing the following capital items:</p> <ul style="list-style-type: none"> • A rotating composting bin • A Bokashi bin set and bran to ferment cooked food waste to use as fertiliser on the garden • An outdoor Pizza oven • A propagator • Potting tables for the polytunnel

	<ul style="list-style-type: none"> Watering irrigation system and timer <p>Dr Mz will be able to support disadvantage young people by providing them with the skills to grow and cook their own food, use waste efficiently and create an environment where they can take home what they have learnt.</p> <p>They will be able to grow their own food and cook meals that are healthy and inexpensive, aiming to reduce the need to access foodbanks through growing food.</p> <p>Dr Mz work closely with the CCC Youth Services to provide a facility for young people where they share resources and expertise. They link in with local businesses, including Lidl, Aldi, Marks, and Spenser, who provide surplus foods. Along with these key businesses they also have a strong relationship with Xcel Bowl, who also support with regular donation.</p>
Outputs	<p>The number of people expected to be supported:</p> <ul style="list-style-type: none"> How many families- 10 How many single people- 60 young people How many homeless people - 2 <p>Increase in the volume of nutritional food being provided. (Specific focus on perishable goods that may not have been provided previously) 10 meals per week</p> <p>Increase of awareness and education levels regarding healthy food, nutrition and decreasing food waste. 60 young people</p>
Total Project Cost	£1,346.00
Eligible Capital	£1,346.00
Total Amount of Grant requested	<p>Composting equipment- £445.00 Pizza Oven -£270.00 Propagator- £91.00 Irrigation system- £100.00 Potting tables x 2- £140.00 Small chest freezer- £150.00 Under Counter fridge- £150.00</p> <p>£1,346.00</p>
Cllr and Officer Consultations Undertaken	<ul style="list-style-type: none"> Cllr. Alan Speake Cllr. Emlyn Schiavone
Contributing to key Strategies	<ul style="list-style-type: none"> Help to give every child the best start in life and improve their early life experiences. Help children live healthy lifestyles.

	<ul style="list-style-type: none"> • Support and improve progress and achievement for all learners. • Help people live healthy lives (tackling risky behaviour and obesity). • Supporting good connections with friends, family, and safer communities. • Looking after the environment now and for the future. • Promoting Welsh language and culture.
Ownership/Lease	Owned (Allotment area leased)
Officer Comments	<p>Dr Mz have a strong and committed board of trustees along with a focused management and business plan. They work closely with a range of support organisations to improve the lives of young people in Carmarthen. They also work closely with Dyfed Powys Police and the Crime Commissioner's Office who provide annual funding.</p> <p>This project will help bring key groups together and help provide the skills and access to enable young people to grow and cook nutritious food.</p> <p>Any excess food grown will be donated to Myrtle food bank benefiting the wider community.</p>
Recommendation	Award £1,346.00
Subject to:	

Application Reference: FPF-20-02

Project Title	Food Bank Community Growing Project
Applicant	Ground force Swiss Valley (Swiss Valley C.P School)
Ward	Swiss Valley
Food Poverty Criteria	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> • Increasing the level of support available and improving the level of coverage across the county. • Extending opening hours to include some evening and weekends • Improving the nutritional value of provisions being provided • Educating the community on the importance of good nutrition, healthy eating and reducing wastage • Establishing sustainable provisional to meet the anticipated increase in demand
Project Description	<p>Ground force Swiss Valley, along with Swiss Valley C.P. School and Swiss Valley Residents' Association is looking to provide opportunities for community growing.</p> <p>New raised beds will be constructed on the grounds of Swiss Valley Primary School. Local people of all ages will be encouraged to work together to plant healthy nutritious vegetables and fruit and to look after them throughout the growing season. When the produce is harvested, some of the food will be given to a local food bank in Myrtle House that have worked closely with the school in 2019/20 and some food will be sold to generate funds for future on-going costs e.g. purchasing seeds for seed sales and planting.</p> <p>They would like to ensure that the raised beds are of a height which is suitable for disabled allotment users.</p> <p>The fund would purchase equipment needed to create accessible raised beds for growing fruit and vegetables.</p>
Outputs	<p>The number of people expected to be supported:</p> <ul style="list-style-type: none"> • How many families 210 • How many single people 0 • How many homeless people 0 <p>(Due to the project being based in a school, the project will work with families with links to the school)</p> <p>Increase in the volume of nutritional food being provided. (Specific focus on perishable goods that may not have been provided previously) 5 meals per term</p> <p>Increase of awareness and education levels regarding healthy food, nutrition and decreasing food waste. 50 children</p>

Total Project Cost	£ 4,934.85
Eligible Capital	<p>£1,788.75- Timber decking boards for 15 raised beds £1,273.50- Compost for 15 raised beds £602.85- 50mm x 50mm timber £90.00 - Decking screws £269.85- Plastic liner for raised beds £380.00 - 10mm gravel (ground between beds) £179.90- Plastic liner (ground between beds) £350.00 - Seeds / Seed potatoes</p>
Total amount of grant requested	£4,934.85
Cllr and Officer Consultations Undertaken	<ul style="list-style-type: none"> • Cllr. Giles Morgan
Contributing to key Strategies	<ul style="list-style-type: none"> • Help to give every child the best start in life and improve their early life experiences. • Help children live healthy lifestyles. • Support and improve progress and achievement for all learners. • Help people live healthy lives (tackling risky behaviour and obesity). • Supporting good connections with friends, family, and safer communities. • Support the growing numbers of older people to maintain dignity and independence in their later years. • A Council wide approach to supporting Ageing Well in Carmarthenshire. • Looking after the environment now and for the future. • Promoting Welsh language and culture.
Ownership/Lease	Yes - CCC education department
Officer Comments	<p>The project is working together with key groups in the community to provide access to accessible raised beds. This project will involve the community with food growing projects. Excess food grown will be donated to Myrtle food bank benefiting the wider community.</p>
Recommendation	Award £4,934.85
Subject to:	

Application Reference: FPF-20-03

Project Title	Llwynhendy & Pemberton Food Bank
Applicant	Llwynhendy & Pemberton Forum
Ward	Llwynhendy
Food Poverty Criteria	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> • Increasing the level of support available and improving the level of coverage across the county. • Extending opening hours to include some evening and weekends • Improving the nutritional value of provisions being provided • Educating the community on the importance of good nutrition, healthy eating and reducing wastage • Establishing sustainable provision to meet the anticipated increase in demand
Project Description	<p>The food Bank was established in July 2019. Supplies are stored in a shipping container stored in the grounds of Bryn & Trallwm Sports and Social Club. However, the floor to the container is no longer safe and is close to collapsing.</p> <p>The Food Bank runs from food donated as well as monetary donations made by the public, supermarkets, local businesses, grants, and fundraising.</p> <p>The project will enable the group to sustain the food bank by purchasing a new storage container. It will also allow them to put on cooking lessons/demonstrations by purchasing a gas griddle cooking instrument and Baine Marie. These instruments will also be used for community events and to prepare fresh food for delivery/pick up. The events will only be carried out when it is safe to do so.</p> <p>The Food Bank has been set up to help those that are struggling to feed their households in the Llanelli area. The demand for the service has increased greatly since the Covid-19 outbreak. The food bank has increased their offering as a result and have raised funds, worked with others, applied for grants to help meet demand.</p> <p>Referrals for individuals are identified through local agencies such as GP Surgeries, Social Workers, Flying Start, Age Cymru, Local Government and Police. There is a referral process in place where information is securely recorded actioned. The food bank reports back to the organisations on how they have been able to support.</p> <p>The following organisations provide supplies to our food bank: Carmarthenshire County Council, Castell Howell, Morrison's, Our Llwynhendy, Co-operative, Jenkins bakery, local pubs that serve food: Joiners and Jollies @ the Hilltop.</p>

	The organisation has a good working arrangement with the Bryn & Trallwm Sports & Social Club – a member only club that is run not for profit and managed by committee. It sees the important work done by the Food Bank and provides plenty of in-kind support such as free renting of the space within the grounds.
Outputs	<p>The number of people expected to be supported:</p> <ul style="list-style-type: none"> • How many families – 200 • How many single people – 200 • How many homeless people – 30 <p>Increase in the volume of nutritional food being provided. (Specific focus on perishable goods that may not have been provided previously) 200 meals a year</p>
Total Project Cost	£3,193.98
Eligible Capital	£3,193.98
	<p>£349.99 - Gas Griddle £311.00 - Baine Marie £2,532.00 - Shipping container for food storage</p>
Total amount of grant requested	£3,193.98
Cllr and Officer Consultations Undertaken	<ul style="list-style-type: none"> • Cllr. Sharen L Davies • Cllr Fozia Akhtar • Llanelli Rural Community Council
Contributing to key Strategies	<ul style="list-style-type: none"> • Help people live healthy lives (tackling risky behaviour and obesity) • Support good connections with friends, family, and safer communities • Support the growing numbers of older people to maintain dignity and independence in their later years • A Council wide approach to support Ageing Well in Carmarthenshire
Ownership/Lease	Lease
Officer Comments	<p>This food Bank is well regarded in the community. Apart from providing food the Food bank also sign post people in the community to the right organisations, who will be able to provide the relevant support organisations such as CRUSE, MIND, CAVS, Local Job Centres and any other agency whom the residents need to access.</p> <p>They have also been disturbing masks donated by the Llanelli Sewing Mask Group, Children's Activity Packs donated by Our Llwynhendy, Teenage Activity Packs donated by Ty Enfys Family Centre and flowers donated by</p>

	M&S. We are much more than a food bank and want to expand to provide hot meals for the elderly and most vulnerable in our communities.
Recommendation	Award £3,193.98
Subject to:	

Application Reference: FPF-20-04

Project Title	Meals on wheels
Applicant	Pembrey and Burry Port Town Council
Ward	Burry Port and Pembrey
Food Poverty Criteria	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> • Increasing the level of support available and improving the level of coverage across the county. • Extending opening hours to include some evening and weekends • Improving the nutritional value of provisions being provided • Educating the community on the importance of good nutrition, healthy eating and reducing wastage • Establishing sustainable provision to meet the anticipated increase in demand
Project Description	<p>Pembrey and Burry Port Town council currently run a meals on wheels service for 50 residents in the community currently running every Wednesday. The effects of Covid-19 have seen a large rise in demand for this service. The service will begin to run three days a week in January 2021 to meet the needs of the community.</p> <p>The funding will assist in purchasing a chest freezer and preparation items to allow for more varied meals to be produce. Currently the town council are using one oven and hob to produce 50 Roast dinners.</p> <p>When covid restrictions lift the town council will organise social weekly lunch clubs the extra equipment will assist in the storage of the food.</p> <p>The project is aiming to see every vulnerable person in the community receive at least one hot meal a week. Many are unable to cook for themselves, are living on microwave meals or are in food poverty living off cheaply bought convinces foods.</p> <p>This project also supports people's mental health, many of the people using the meals and wheels service are isolating and the volunteer that delivers the meal may be the only person they see all week.</p> <p>The town council are engaged with local volunteer groups such as WI, churches, friendship groups who provide drivers to deliver the meals. Wherever possible the town Council purchases all food ingredients locally to support small independent businesses.</p>
Outputs	<p>The number of people expected to be supported:</p> <ul style="list-style-type: none"> • How many families- 25 • How many single people - 60

	<ul style="list-style-type: none"> • How many homeless people – 0 <p>Increase in the volume of nutritional food being provided. (Specific focus on perishable goods that may not have been provided previously) – 20 Meals a week</p> <p>Increase of awareness and education levels regarding healthy food, nutrition and decreasing food waste. 12</p>
Total Project Cost	£4,958.64
Eligible Capital	£4,958.64
	<p>£469.99 - Chest Freezer £399.99 - Food Processor £99.99 - Stick Blender £319.99 - Fridge £359.99 - Freezer £2,239.99 - Commercial dishwasher £499.99 - Commercial Microwave £218.72 - Commercial size saucepans £349.99 - Bain Marie</p>
Total amount of Grant requested	£4,958.64
Cllr and Officer Consultations Undertaken	<ul style="list-style-type: none"> • Cllr. Amanda Fox • Cllr. John James • Cllr. Shirley Matthews • Cllr. Hugh Shepardson
Contributing to key Strategies	<ul style="list-style-type: none"> • Help people live healthy lives (tackling risky behaviour and obesity) • Support good connections with friends, family, and safer communities • Support the growing numbers of older people to maintain dignity and independence in their later years • A Council wide approach to support Ageing Well in Carmarthenshire
Ownership/Lease	N/A Commercial kitchen is situated in the Memorial Hall which is a Town Council Facility
Officer Comments	The need for meals on wheels arose out of the Covid-19 pandemic and has seen a rise in demand for this service. The Town council has plans to run social lunch clubs and events using the equipment purchased post Covid as well as continuing with the Meals on wheels service.
Recommendation	Award £4,958.64
Subject to:	N/A

Application Reference: FPF-20-05

Project Title	Food Storage
Applicant	Salvation army - Carmarthen
Ward	Carmarthen Town South
Food Poverty Criteria	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> • Increasing the level of support available and improving the level of coverage across the county. • Extending opening hours to include some evening and weekends • Improving the nutritional value of provisions being provided • Educating the community on the importance of good nutrition, healthy eating and reducing wastage • Establishing sustainable provision to meet the anticipated increase in demand
Project Description	<p>The salvation Army based in Lammas Street; Carmarthen is a Christian Community Centre. Here they offer a wide range of services to the community, to include a listening ear, support, and practical help. They assist the community with budgeting and debt advice, employment, & emergency food that includes hot meals twice a week. The people supported include Youth & Children, Families, Older People and Homelessness. Many of these people are of the most vulnerable in society, many suffering with poor mental health and arrange of addictions.</p> <p>This funding will be used to enable the Salvation Army centre to make adaptations to the building to help meet the ever-growing need of poverty food in the town.</p> <p>The centre is currently limited to how much food they can store safely, and this funding will be used to buy additional shelving and a chest freezer to help store the food in the appropriate conditions. They will also install a hand wash freestanding unit to comply with food hygiene regulations and a back splash fitted to the wall behind the commercial cooker.</p> <p>By completing these works the food will be stored safely and provide easy access to the correct food supplies required by the client (considering allergies)</p>
Outputs	<p>The number of people expected to be supported:</p> <ul style="list-style-type: none"> • How many families - 20 • How many single people - 30 • How many homeless people - 7

	Increase in the volume of nutritional food being provided. (Specific focus on perishable goods that may not have been provided previously) Additional 20 meals per week
Total Project Cost	£4,500.00
Eligible Capital	£4,500.00 Large Chest Freezer- £600 Heavy Duty Racking- £2,000 Supply & Fit Hand Wash sink and apparatus- £1,600 Supply & Fit Stainless-Steel Backsplash- £300
Match funding	N/A
Cllr and Officer Consultations Undertaken	<ul style="list-style-type: none"> • Cllr. Alan Speake • Cllr. Emlyn Schiavone
Contributing to key Strategies	<ul style="list-style-type: none"> • Help people live healthy lives (tackling risky behaviour and obesity) • Support good connections with friends, family, and safer communities • Support the growing numbers of older people to maintain dignity and independence in their later years • A Council wide approach to support Ageing Well in Carmarthenshire
Ownership/Lease	Lease
Officer Comments	<p>The Salvation Army is a well establish organisation that work very closely with a range of support services to include the local PCSO, DDAS, Wallich, Probation Services and CAB.</p> <p>Many of the people that visit and use the services of the Salvation Army are those that have been turned away from other organisations in the town and therefore the centre is a safe haven to some of the most vulnerable.</p> <p>Neil the Pastor and his team are dedicated to helping their clients and go that extra mile by offering free shower facilities, clothing, and hot meals to those that are homeless. This funding will enable the service to meet the needs of their growing client base during and beyond this pandemic.</p>
Recommendation	Award £4,500.00
Subject to:	

Application Reference: FPF-20-06

Project Title	Life Café @TG2
Applicant	Ty Gwyn Community Enterprises
Ward	Elli Ward
Food Poverty Criteria	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> • Increasing the level of support available and improving the level of coverage across the county. • Extending opening hours to include some evening and weekends • Improving the nutritional value of provisions being provided • Educating the community on the importance of good nutrition, healthy eating and reducing wastage • Establishing sustainable provision to meet the anticipated increase in demand
Project Description	<p>The project is based in Llanelli Town Centre, pre Covid the project was run as a café for anyone who needed food and a hot drink or just company. On average 50 people would attend every Saturday evening. Since Covid they have remained open serving take away meals and have attracted a similar number.</p> <p>They serve a full cooked meal every week as well as giving out food bags, hot drinks and brand-new packed scarves, hats, and gloves.</p> <p>During the pandemic they received funding from Carmarthenshire County Council to open every evening this ended July 2020 currently the project opens Saturday and Sunday evenings.</p> <p>The fund would be used to purchase equipment that would enable them to serve food more efficiently and in greater numbers as the need increases.</p>
Outputs	<p>The number of people expected to be supported:</p> <ul style="list-style-type: none"> • How many families – 20 • How many single people – 50 • How many homeless people – 15 <p>Increase in the volume of nutritional food being provided. (Specific focus on perishable goods that may not have been provided previously) - 20 meals per week</p> <p>Increase of awareness and education levels regarding healthy food, nutrition and decreasing food waste. – 10</p>

Total Project Cost	£5,015.94
Eligible Capital	£5,015.94 £383.98- Hot plate £431.98 - Hot water boiler £4,199.98- Electric Fan Assisted Oven
Match funding	£15.94 Own funds
Total amount of grant requested	£5,000.00
Cllr and Officer Consultations Undertaken	<ul style="list-style-type: none"> • Cllr. John Jenkins • Llanelli Town Council • Carmarthenshire County Council • Local Police team • Llanelli Community Partnership
Contributing to key Strategies	<ul style="list-style-type: none"> • Tackle poverty by doing all we can to prevent it, help people into work and improve the lives of those living in poverty • Help people live healthy lives (tackling risky behaviour and obesity) • Support good connections with friends, family, and safer communities
Ownership/Lease	Lease
Officer Comments	The project has been running for over 26 months in in that time they estimate they have provided over 2000 free hot meals. They are well connected within the community and work with other organisations providing similar support. They have a consistent stream of donations from individuals and businesses. They have risen to the challenge of the pandemic and with support from, Carmarthenshire County Council, Police and third sector groups, they managed to increase there to services to help people every evening during lockdown.
Recommendation	Award £5,000.00
Subject to:	

Application Reference: FPF-20-07

Project Title	Tyisha Foodbank
Applicant	Tyisha Positive Action Group
Ward	Tyisha
Food Poverty Criteria	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> • Increasing the level of support available and improving the level of coverage across the county. • Extending opening hours to include some evening and weekends • Improving the nutritional value of provisions being provided • Educating the community on the importance of good nutrition, healthy eating and reducing wastage • Establishing sustainable provision to meet the anticipated increase in demand
Project Description	<p>Tyisha Positive Action Group started on the 4th February 2017. Initially this was to help residents in Tyisha, which is the most deprived area in Carmarthenshire.</p> <p>Witnessing the dire need in the community and wanting to be a practical and genuine help the group started Tyisha Foodbank in February 2020. However, it quickly became obvious there was a similar need across Llanelli and surrounding areas.</p> <p>As a result of the pandemic the group are now helping people who have never needed help before. Suddenly many have found themselves out of work or having to shield with no friends or family to support them. Many are frightened, hungry, and bewildered at how dramatically their lives have changed so quickly. Tyisha Positive Action Group want to continue the Food Bank that has been set up, as when lockdown is over there are going to be people for various reasons in even greater need.</p> <p>The groups aim is to set up a project where they can end hunger in the Llanelli area. Service users have different needs, their aim is to meet those needs in many ways but primarily by banishing hunger. The effects of the pandemic will be long lasting, and they want to be a 'constant' for people to know support is there if needed.</p> <p>The service uses many forms of social media and release daily adverts and promotional videos.</p>

	The fund would allow the group to increase their storage capacity to hold and store a much larger quantity of food to distribute to the community.
Outputs	<p>The number of people expected to be supported:</p> <ul style="list-style-type: none"> • How many families - 50 per week • How many single people - 25 per week • How many homeless people - 10 per week <p>Increase in the volume of nutritional food being provided. (Specific focus on perishable goods that may not have been provided previously) – 50 food parcels per week</p>
Total Project Cost	£4,822.00
Eligible Capital	£4,822.00
	Freezers x 3 - £1,102.00 Industrial shelving- £3,720.00
Total amount of grant requested	£4,822.00
Cllr and Officer Consultations Undertaken	<ul style="list-style-type: none"> • Cllr. Suzy Curry • Cllr. Andre McPherson
Contributing to key Strategies	<ul style="list-style-type: none"> • Tackle poverty by doing all we can to prevent it, help people into work and improve the lives of those living in poverty • Help people live healthy lives (tackling risky behaviour and obesity) • Support good connections with friends, family, and safer communities
Ownership/Lease	The group will be moving to The Goods Shed in spring 2021
Officer Comments	The Tyisha Positive Action group are a reactive group that have risen to the challenge of supporting the Tyisha ward and wider Llanelli area as a response to the pandemic, they have adapted the support on offer as a result and created a Food Bank that was created out of identified need.
Recommendation	Award £4,822.00
Subject to:	